

## Job Title

OXS RAD Activity Lead



## Hours

**Tuesdays:** 10:15am – 3:30pm (5 hours 15 minutes)

**Wednesdays:** 10:30am – 3:00pm (4 hours 30 minutes)

**Thursdays:** 1:15pm – 2:45pm (1 hour 30 minutes)

**Total contracted hours:** 11.25 hours per week

There is potential for this role to increase to approximately **14.5 hours per week**, with the planned development of additional sessions on Thursdays.

## Salary

£14.50 per hour

## Reports To

OXS RAD Head of Operations

## Job Purpose

The Activity Lead will be responsible for delivering high-quality, inclusive sessions that support a wide range of participants across OXS RAD's community programmes.

## Main Responsibilities

Key responsibilities include:

- **Session Delivery**
  - Lead inclusive activity sessions (e.g. Movement to Music, Boccia, Social Shed, Gentle Moves)
  - Adapt activities to meet a wide range of physical, cognitive, and sensory needs
  - Ensure sessions are engaging, safe, and accessible for all participants
  
- **Participant Support & Inclusion**
  - Build positive relationships with participants, creating a welcoming and supportive environment
  - Support individuals to engage in activities in a way that suits their needs and abilities
  - Promote confidence, independence, and enjoyment through participation

- **Health & Safety**
  - Take responsibility for the safe delivery of all sessions
  - Respond appropriately to any incidents or safeguarding concerns in line with OXSRAD policies
  
- **Session Preparation & Organisation**
  - Prepare and deliver session plans and contribute ideas for future development
  - Work with Support Centre Support Assistants to set up and pack down as required
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  - Support the smooth running of sessions, including transitions between activities
  
- **Working with Others**
  - Work alongside volunteers, supporting them within sessions where appropriate
  - Communicate effectively with colleagues, particularly the Head of Operations, regarding session delivery and development
  - Contribute to a positive team environment

## Essential key skills

- Ability to lead and deliver group-based activities
- Strong communication and interpersonal skills
- Ability to adapt activities to meet a range of needs  
Understanding of inclusion and participant-centred practice
- Ability to work independently and as part of a team
- Awareness of the importance of social inclusion and reducing isolation

## Desirable key skills

- Experience delivering inclusive sport or activity sessions
- Experience in designing engaging activities for a range of age groups and needs
- Relevant qualifications (e.g. coaching, activity leadership, health & social care)
- Qualified First Aider

## Safeguarding

OXSRAD is committed to safeguarding and promoting the welfare of children, young people, and vulnerable adults. All staff are expected to share this commitment.

This role is subject to an enhanced DBS check.

## Place of work

In person - OXSRAD Sports Centre, Court Place Farm, Marsh Lane, OX3 0NQ

## Contract Type

Part-Time, Permanent

### Established/ready to lead sessions:

Day	Session	Time	Duration	Details
TUES	Movement to Music 1	10:30–11:10	40 mins	An inclusive dance/movement session for people with physical disabilities/LD. Playlist and moves to copy.
TUES	Movement to Music 2	11:15–11:55	40 mins	Previously delivered as one session with very high attendance. Splitting into 2 sessions so everyone can access but in smaller numbers.
TUES	Boccia 1	1:00–1:45	45 mins	The paralympic sport, like bowls. This first session is focused on fun and getting involved, less structured.
TUES	Boccia 2	1:55–2:40	45 mins	Delivered alongside a volunteer instructor, with Activity Lead supporting session management, safety, and participant experience
TUES	Boccia 3	2:45–3:30	45 mins	
WED	Social Shed	10:30–12:30	2 hrs	A social group activity session with a different theme each week. The group consists of older adults with learning disabilities and physical disabilities. The Activity Lead is responsible for supporting inclusion and ensuring all participants can engage. This is a well-established group and includes off-site trips approximately once per term.
WED	Gentle Moves	2:00-2:30	30 mins	A free 20–30 minute movement session for older adults, focused on engaging in fun and accessible activities. This session was trialled through a 'Sports Day' at Poppins and

				received very positive feedback. Funding has been secured to offer this session free of charge.
WED	Poppins Support	2:30–3:00	30 mins	Poppins is a café-style social session for older adults in the community to meet others and spend time socialising. It forms part of our social inclusion programme and follows a termly plan, including activities such as bingo, games, and quizzes. The Activity Lead would spend some time supporting this session through conversation, engagement, and getting to know the group. This group is run by volunteers, with delivery supported by OXSRAD staff.
THUR S	Social Shed (16–24)	1:15–2:45	1 hr 30 mins	A social group session following the Social Shed structure and plan, specifically for young people and adults aged 16–24 with learning disabilities and physical disabilities. This group is also an opportunity for their carers/parents to get together - feel less alone. There is currently limited provision available for this age group, and this session responds to a clear identified need and demand.
		Total hours	11 hours	

### Sessions in development:

Day	Session	Time	Duration	Details
WED	Inclusive Session	1:00–1:45	45 mins	
THURS	Under 5s SEND Music session	10:00–10:45	45 mins	
THURS	Studio Session TBC	11:00–12:00	1 hr	

		Total additional hours	3 hours	
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**If you feel this role is right for you, we'd love to hear from you. Please complete the application form available under the job advert on our website.**