



Job Title

OXSRAD Rebound Therapist

Hours

- **Saturday (required):** 09:00–16:30
(We encourage applications even if you are only available for either the morning or afternoon.)
- **Weekday mornings (one of the following):**
 - Monday: 08:30–12:30
 - Thursday: 08:15–11:45

Reports To

OXSRAD Team leader

Job Purpose

To deliver safe, inclusive, and high-quality Rebound Therapy sessions for individuals with a wide range of physical and learning disabilities, supporting participant development, confidence, and wellbeing through structured 1:1 and small group sessions.

Salary

£14.50–£16.00 per hour

Starting salary will be dependent on skills and experience, with opportunities for progression.

Main Responsibilities

- Plan and deliver safe, engaging Rebound Therapy sessions (1:1 and small groups)
- Take part in and complete all required training to a high standard, including Rebound Therapy, hoist and manual handling, SEND, safeguarding, and first aid
- Adapt sessions to meet individual participant needs, abilities, and goals
- Communicate effectively with participants and their support networks (parents, carers, and support staff)



- Use Rebound Therapy techniques to support physical, sensory, and emotional development
- Monitor participant progress and respond appropriately during sessions
- Set up, check, and pack down rebound therapy equipment, including trampolines, ensuring all equipment is safe to use, with support from Centre Support Assistants where necessary.
- Assess risk and ensure the safe delivery of all sessions, log attendance records and update appropriate logbooks.
- Respond appropriately to any incidents or safeguarding concerns in line with OXSRAD policies

Essential key skills

- Qualified Rebound Therapy Practitioner, Rebound Plus Practitioner, or similar
- Strong communication skills, with the ability to communicate effectively with participants, carers, and colleagues
- A strong commitment to inclusive practice and supporting individuals with a wide range of needs
- Ability to adapt sessions to meet individual participant needs and goals
- Commitment to delivering sessions safely, with good awareness of risk and safeguarding
- Ability to work independently and take responsibility for session delivery
- Ability to work within the Rebound Therapy team, to monitor risks, progress and programme delivery.

Desirable key skills

- Experience delivering Rebound Therapy or similar therapeutic/physical activity sessions
- Experience working with individuals with physical and/or learning disabilities
- Experience delivering 1:1 sessions
- Knowledge of manual handling and use of specialist equipment (e.g. hoists)
- First Aid qualification
- Experience working in a community, health, or charity setting
- Understanding of safeguarding practices

Safeguarding

OXSRAD is committed to safeguarding and promoting the welfare of all children, young people, and adults. All staff are expected to share this commitment. This role is subject to an enhanced DBS check.

Place of work

In person - OXSRAD Sports Centre, Court Place Farm, Marsh Lane, OX3 0NQ



Contract Type

Part-time, Permanent

If you feel this role is right for you, we'd love to hear from you. Please complete the application form available under the job advert on our website.